

**Quotes 3-4 of Ten Powerful Quotes
That Can Change Your Life**

Consider this principle of authentic education as you consider today's quote:
"Nothing is taught until it is learned, nothing is learned until it changes behavior."

"Those who have never rebelled against God or at some point in their lives shaken their fists in the face of heaven, have never encountered God at all." -Catherine Marshall (A Man Called Peter)

A friend once asked me, "So when I yelled at God and said I was mad at Him, was that prayer?" Without hesitating, I answered, "Absolutely." Think about it: if prayer is simply communication with God, then isn't any kind of expression of feelings—whether loving or angry, gentle or harsh—a form of prayer? Authenticity touches the heart of God and reveals just how merciful and generous He is. *Honestly, whether we admit anger or not, He already knows what we feel (1 Samuel 16:7). So talk to Him openly and freely.*

Look at it this way: Sometimes we try so hard to impress others with our worth and goodness that we are afraid to be our real selves, to expose our real thoughts and feelings for fear they will be found unworthy. Sometimes we even approach God in prayer in this attitude. We think to cover up our real thoughts and longings and desires by prayers of the lips and not of the heart. And so we do not feel close to either God or man.

We need not fear to face life honestly. We need not fear to face God honestly in prayer. The self of us that we try to keep in the background, to submerge under self-deception and pretense is more worthy and wonderful than we know. When we approach God in prayer with simple trust, with as complete honesty as possible, we find release and peace, and light begins to shine in even the darkened corners of our mind and heart. Our honest prayer for light never goes unanswered. Our honest prayer for understanding is heard. Our honest prayer for Truth sets us free. As Jesus taught, *Ye shall know the truth, and the truth shall make you free. JOHN 8:32.*

Faith Seeking Understanding:

Probe: What do I need to learn from this quote that can change my behavior for the better?

Hint: Being radically honest with God in prayer? (Check out some of the Psalms..)

Pray: Holy Spirit, help me become a better person by being as honest as I can about my feelings, good or bad, with God in prayer.

Hymn 332: "Spirit of Faith Come Down" Charles Wesley
(Click on the link and sing along)